

QUINTESSENTIAL APPLICATIONS

Frequently Asked Questions

Q. Is QUINTESSENTIAL APPLICATIONS (QA) a basic course in AK?

A. QA is a COMPREHENSIVE COURSE utilizing fundamental principles of AK taught in the context of the basic sciences of neurology and biochemistry. The reference manual, **QUINTESSENTIAL APPLICATIONS: A(K) Clinical Protocol**, represents the ordered and organized application of all the procedures taught in the Course.

Q. Is QA like the Special 100 Hour AK Course that Dr. Schmitt taught prior to 2005?

A. The material in that course is also presented in the QA Course, along with a number of expanded concepts and other procedures. The biggest difference is that QA centers around the clinical application of the course material in a new, neurologically based *Clinical Protocol*.

Q. How does Dr. Schmitt's Special 100 Hour Course differ from other Basic AK Courses?

A. Dr. Schmitt taught the Special 100 Hour Course in the light of fundamental concepts of chiropractic neurology and functional biochemistry. QA expands, clarifies and elaborates this design with improved educational standards (see EDUCATIONAL GOALS below) and a focus on understanding and applying the neurological hierarchy inherent in the QA *Clinical Protocol*.

Q. Will I be able to use the techniques taught in QA in my practice?

A. Absolutely! The techniques taught, organized by the QA *Clinical Protocol*, are applicable to, and can be implemented in, any style of practice.

The EDUCATIONAL GOALS for the course include:

- Hands-on workshopping of all techniques and procedures
- Integration of all topics taught within the context of the QA *Clinical Protocol*
- Practical demonstration and personal hands-on experience using the accumulated QA *Clinical Protocol* at each session
- Re-organization of your clinical thinking in accordance with the realities of neurology and biochemistry as expressed by the QA *Clinical Protocol*
- Mastery of the course material within the context of the QA *Clinical Protocol*.

Q. I have admired Dr. Schmitt's seminars in the past, but I haven't been able to grasp the material enough to apply it in my practice. How will this be different in QA?

A. First of all, the **QUINTESSENTIAL APPLICATIONS: A(K) Clinical Protocol** reference manual will be your companion, reference point and road map. All procedures in this manual are organized according to a physiologically appropriate neurological hierarchy: step-by-step and page-by-page. Second, the course material has been planned so that all appropriate techniques will be discussed comprehensively and reinforced by hands-on workshops. Third, there will be an emphasis on integrating each session's newly learned procedures into the overall QA *Clinical Protocol* to include treatment demonstration and application through the entire accumulated protocol.

Q. I know that Dr. Schmitt has a low volume practice, but I have a high volume practice. Won't this protocol slow me down so I won't be able to see as many patients?

A. The protocol is designed for use in any style of practice (low or high volume). It is just a matter of how much of the protocol is performed during each office visit. Beginning procedures should always be performed, as should assessment and treatment of local problems. This may take as little as two or three minutes. Depending on the time constraints of your office visit, assessments of systemic nutritional and structural factors, endocrine effects and the GI tract will be performed in appropriate order, as time dictates, and according to the neurological hierarchy expressed in the *QA Clinical Protocol*, as care ensues. The use of this protocol will make your office evaluation and treatment procedure more efficient and effective as sources of interference secondary to aberrant descending neural pathways are progressively redressed.

Q. For whom is QA designed?

A. The **QA** course is designed for all doctors interested in remarkable results, including those with:

- No AK experience
- Diplomates in AK
- No chiropractic neurology experience
- Diplomates in chiropractic neurology
- No nutrition experience
- Diplomates in nutrition
- And **everyone** in between

Q. Is QA a course designed for chiropractors?

A. **QA** is a course for any licensed doctor interested in treating patients with a physiologically sound and neurologically organized, basic sciences based treatment protocol. Although the protocol's premise does not necessarily require AK for its effective application, AK procedures are the primary treatment modalities taught in the **QA** educational experience. However, since the organization of the protocol is physiologically based, any effective clinical approach can be employed and will be enhanced by placing it appropriately in the step-by-step protocol.

Q. What is the thought process behind the QA Clinical Protocol

A. Dr. Schmitt has produced a paper for the 2005 Proceedings of the ICAK-USA Annual Meeting discussing the thought process and neurological rationale upon which **QA** is based. He has also created audio CDs of the paper replete with commentary and discussion of the neurological hierarchy of treatment procedures.

Q. Where will the QA Course be taught?

A. The complete **QA Course Schedule** is available at www.theuplink.com